

Evidence-Based Coaching



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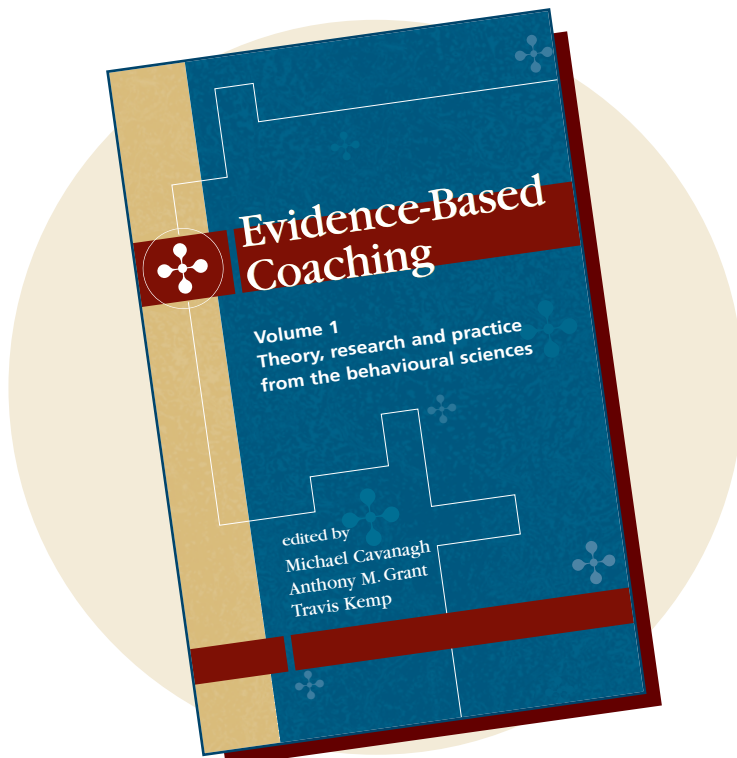
Volume 1

Theory, research and practice from the behavioural sciences

Evidence-Based Coaching: Theory, Research and Practice from the Behavioural Sciences is an important contribution to the theory and practice of life, executive and workplace coaching.

The book presents key papers from the First Evidence-Based Coaching Conference, held at the University of Sydney in July, 2003. The first in a projected series, it addresses the concerns of the emerging profession of coaching, giving an overview of the field, developing coaching theory and its evidence-based practice, and reporting on empirical and qualitative studies. The book springs from the academically grounded work of the Coaching Psychology Unit at the University of Sydney, Australia.

An excellent resource and guide for best practice, this book is essential reading for coaches, psychologists, managers and human resource specialists who wish to extend their theoretical and practical understanding of coaching in its various forms.



edited by
Michael Cavanagh
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